

<u>Welcome</u>

Welcome to 2024!! Another year has come and gone already? I never cease to be amazed by how time flies by. The passage of time brings changes with it, and the Women's Ministry is no exception... I am so excited to welcome the following new committee members: Brooke Black, Donna Jewell, Erin Lassey, Caitlin Murrow, and Vanessa Wisdom.

We also want to extend a tremendous thank you to Jennifer Berges for her many years of serving on our committee! Her "retirement" is well-deserved. (But we don't plan on letting her get too far away!!)

Happy New Year to you all!! Melanie Woltje, Women's Ministry Team Leader

Mission Statement

FBC Women's Ministry exists to empower our ladies to use their God-given gifts in accordance with God's will.

We All Face Struggles

A dear friend's recent post on Facebook reminded me that even during the holiday season life can deal us struggles. Perhaps you also are walking through a season of struggles this holiday season? Maybe you are wondering if, and when this difficult season will pass? Well take heart dear sister, scripture reminds us that God often uses our trials for our own good. Paul offers us some encouragement in 2 Corinthians chapter 1. Speaking of his own struggles, Paul says, "we were crushed and overwhelmed beyond our ability to endure" and "we thought we would never live through it" (2 Cor. 1:8). Paul and his companions faced many trials and hardships, even to the point that they wondered if they would survive. Paul, later reflecting on their struggles says, "but as a result we stopped relying on ourselves and learned to rely only on God" (2 Cor. 1:9).

Have you ever considered that God could be using your struggles to teach you to rely on Him? Perhaps God's purpose in your affliction is to drive you to seek Him?

Paul concluded by saying, "God did rescue us from mortal danger, and He will rescue us again. We have placed our confidence in Him and He will continue to rescue us" (2 Cor. 1:10). May we be women that draw nearer to God in our hardships, knowing that He is the greatest source of comfort. May we be like Paul and place our confidence in God, trusting Him to rescue us!

It could be that you aren't going through a current season of struggle, but you know someone who is. "God is our merciful Father and the source of all comfort. He comforts us in all our troubles SO THAT we can comfort others" (2 Cor. 1:4). If you know someone who is struggling, be a source of comfort to them.

Pray for them. Love them. Walk closely with them, letting them know they aren't alone. If possible, help carry their burden. "Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help." (Ecclesiastes 4:9).

Love and prayers, Vanessa



Bible Studies

Sundays @ 5:00 pm - Church - Old Testament Expedition Study - This study is open to men and women to discuss our <u>Old Testament Reading Plan</u>.

Wednesdays @ 9:30 am - Joan Little's Home (26675 P Rd) - Topic Varies

Amen: From Eden to Eternity - Mondays @ 6:30 pm - Begins February 12 - More details and sign up here



<u>Follow Us</u>

Did you know we have a Women's Ministry Facebook Group? If you are not currently part of the group, we would love for you to be in the group. Look for us as Holton First Baptist Women's Ministry or click https://www.facebook.com/groups/2442602756230



Monday, January 29 - GNO @ Trail's @ 6:15

Monday, February 12 - Bible Study Begins Saturday, February 24 - Teaching Event

Tuesday, March 19 - GNO @ Trail's @ 6:15

Friday, April 5 - GNO @ Church

Thursday, May 25 - GNO @ Trail's @ 6:15

Monday, June 3 - Summer Bible Study Begins Saturday, June 29 - Summer Event

Thursday, August 1 - GNO @ Trail's @ 6:15

Monday, September 9 - Fall Bible Study Begins Saturday, September 28 - Fall Cookout

Tuesday, October 22 - GNO @ Trail's @ 6:15

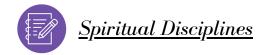
Saturday, November 2 - Teaching Event Saturday, November 16 - OCC Shoebox Packing Party

The 2nd Tuesday of each month we meet @ Jhett's @ 11:30.

These dates are subject to change.

FBC Women's Ministry Team

Team Leader: Melanie Woltje Brooke Black, Donna Jewell, Erin Lassey, Caitlin Murrow, Vanessa Wisdom



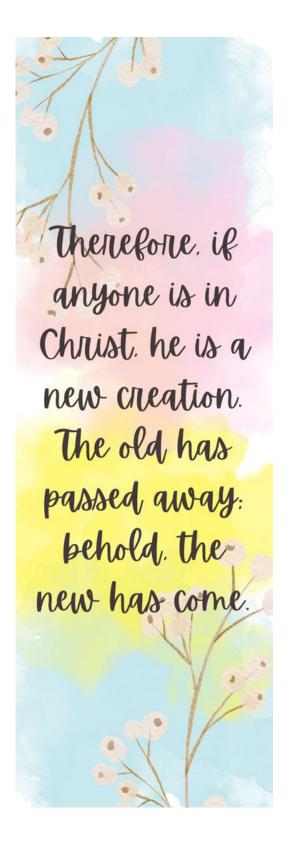
Spiritual disciplines are a means to experience amazing grace and abundant joy in the Lord. Spiritual disciplines are activities that believers do. Traditionally these activities include Bible intake (hearing, reading, studying, meditating on and memorizing Scripture), prayer, fasting, worship, service, fellowship, solitutde, and celebration. Theologians have included evangelism and discipleship, stewardship, and journaling under the umbrella of spiritual disciplines as well. The goal of each spiritual discipline is growth in intimacy with God. These disciplines are found in scripture and they are to be practiced individually and corporately for the edification of the body of Christ.

In a sense, there is a mechanical aspect to these disciplines - believers find methods of praying, follow a reading plan, strategically pray for certain topics on certain days, etc. However, practicing the spiritual disciplines in a way that honors God and results in true spiritual maturity goes beyond mechanics. Methodology is powerless to change the inner man. Inner transformation is a work of God. Spiritual disciplines are the outworking of a redeemed heart.

Spiritual disciplines are for all believers, no matter where we are on the trajectory toward holiness. All that is required is a deep longing to know and love God. Though the intentional effort is required, the will to discipline ourselves is rooted in our hearts having been changed by the gospel.

Over the next several months, we will be sharing about some of the spiritual disciplines.

(Growing in Grace: Knowing and Loving God Through Spiritual Disciplines)



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